

**Topic:** How my life turned out to be.

**Abstract:** I grew up being a kid with many problems. I not only dealt with rejections from other kids but also was a target of constant abuse. I was a troubled kid but my life took a wild turn. My life had gone from bad to great in a manner of years. I went from having to play with myself to a popular and athletic person. I consider my life as a gift and it's something it should be lived alone.

**Keywords:** family, troubled childhood, growing up, sports.

I am a part of a family of 6. I am the only boy out of 4 kids. When growing up with a family of many girls I often felt like I was alone and I think that that's where most of my isolation had begun. Like many my family isn't perfect but I am proud of what they have done to get me in the position I am today. My parents didn't go to school and are always motivating me and my sisters to do so. Me and my 2 oldest sisters have graduated from high school and have gone to collage. I am confident that my youngest sister will do the same when she starts high school. My parents are both Mexicans and like me my sisters were born in the state of California. My parents have raised us to be what we are today and I see them as my hero's. if it wasn't for their support and motivation to make us become the best people we can I don't think we would have ever made it alone.

While growing up I had a troubled childhood. I dealt with rejection due to my Latino heritage. Often people judge the rest due to the differences of race but unlike the

rest I was judged by both Latinos and Americans. Not only did my struggle stop their, life has made other turns. Turns like having to leave family, and friends behind. All through my life I have gone through many struggles and like many people I have grown out of them. Not all my life I can say has been bad. I will talk about how I grew from a troubled kid with low self esteem problems to a person who has grown up to be a person that has made a tremendous amount of friends and has been successful in many things.

I remember growing up as a child wanting to play with kids of the opposite race and often get denied the opportunity. Being rejected when I was a kid, it often made me feel like I was not worth anything. When being a kid people often don't realize that those years are very delicate to a child. Being often rejected can make children isolate themselves. I can recall being called beaner, wet back, and I wouldn't understand why some one would call me names and want others to join in. It all started when I first moved to my second elementary school. Being the new kid it opened doors to many bullies and many bad treatments. My child hood as I recall was not a pleasant one, I was treated like nothing and was forced to stay home and play with myself. My days went on and I knew that life couldn't be as bad as it was going on. Having no friends growing up was a tremendous impact in my life and it made me realize that I needed to do something about it.

Being born in California and raised by Mexican parent's kids weren't very accepting of me. Not only the kids of the opposite race but also by the Latino kids. I

3

Wouldn't understand why where I came from was unacceptable by everyone. I remember when I would try and play with white kids they would say no because I was "Mexican"

and when I wanted to play with Mexican kids they would say no because I was a “Gringo”. At that point I didn’t know what to think. I felt like I didn’t belong. With this happening I noticed that I wasn’t the only one and that’s when I met a kid with the similar problems I was dealing with

As I grew older I opened up and became more self confident on myself. It took me a while to understand what trust was when all I went through was bad treatments. When starting middle school I met some one who was being treated similar to what I was and I decided to go talk to him. He became my first friend and to this day I still am friends with him. He impacted me in a way that when I saw someone being treated in a bad way I would stand up for them because I know how it felt to be picked on and not have no one to look for help. This was how I managed to learn how to not only stand up for myself but how to help others do the same. All through my life as a kid I passed situations that parents often don’t want their kids to pass, but in the end I am grateful for those events because like the saying goes “what doesn’t kill you makes you stronger” and I believe it has made me stronger. When looking back at the impact having a friend was in my life I am only thankful for what he did to make my life go in a better direction

As my years went on, my view of life was changed dramatically. I gained confidence in myself and decided to play sports. When playing soccer it made me grow from feeling like an out of shape kid, to a kid that was finally good at something. My life before sports was better known as being alone and always being home. I could notice that

my parents would talk about me and felt bad for me since I didn’t have any friend. That was also a major reason for joining sports. I wanted to make my parents proud and that’s

when I dedicated my self to play soccer. Till this day I still play soccer and if it wasn't for soccer I would have probably stayed in my out of shape body and would have been left with self esteem problems.

An important event that I recall from my child hood that made me feel good about myself was when I became popular in middle school. When I was attending my last year in middle school I recall being one of the most popular boys in school. I use to think that how was that possible if I use to be treated like nothing to all of a sudden be a some body. To me that's when I started to understand how important it was to break out of your shell and not be scared to interact with others. Not every one was as bad as I thought them to be. With that said life was starting to go from bad to worse when it came to gaining friends. I gained many friends and also earned the right to lead my middle school team as their captain. I felt like my parents were proud and life was great.

As I got older I attended high school and was at this point living life to the fullest. I felt like I had to make up for those years I was being treated as an inferior. My high school years were the best years of my life. I met new people and was already confident in myself. When I started as a freshman I really didn't know what to expect and I kind of felt like my first year in middle school but was determined to not let it go down like that. When attending class I often was viewed as the clown of the class and the "life of the

party". I had gained so much confidence in myself and in my personality that it made me be one of the coolest people in school. I was happy with what was going on with my life

As my years went on in high school the unexpected happened and I got myself a girlfriend. I don't mean a girlfriend of a day or a week like many of the teens in high school did, but a girl who really took me by surprise. We went out and till this day we are still together. People say that when you attend high school you should not settle down with just one girl but I must say that I don't regret me ever staying with my girl. We are still together after all this years and are currently expecting a baby boy due on January. I could not be happier with how my life is coming out to be. I would have never thought that my life would have turn to be this way if I would have stayed with self esteem problems.

I went from being a kid with a bad life to a person who has managed to make life the best it can. I live life to the fullest and I have no regrets about what has occurred. I have a great life and am expecting a great future for myself. I have learned things through out my life that with out some struggle I would have never learned. Till this day I live life to the fullest. I try to make every day like if it was going to be my life and suggest the rest to do so. Life is too short to be wasting it in things that aren't worth it. With the expectancy of a baby boy coming soon in my life I know it will be a blessing and I wouldn't see it any other way. I am proud of myself and on how I have turned my life around. Still looking back at my hard days I still thank good for making me a success and giving me the opportunity to live life till this day with no regrets.